

\$15 when you pre-register by making check payable to and sending your payment to:

Macomb County MSUE  
21885 Dunham Road Suite 12  
Clinton Twp., MI 48036

Name \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_ Cell \_\_\_\_\_

email \_\_\_\_\_

Indicate which session you would like:

Session # 1 \_\_\_\_\_ Session # 2 \_\_\_\_\_

Session # 3 \_\_\_\_\_ Session # 4 \_\_\_\_\_



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**MACOMB FOOD SYSTEMS CONFERENCE**

**Wednesday February 8, 2012**

**8:30 am to 4:00 pm**

HELD AT THE:  
*Macomb County ISD*  
44001 Garfield Rd.

**Learn about real food**

**How you can eat locally/seasonally**

**How food systems can support economic development**

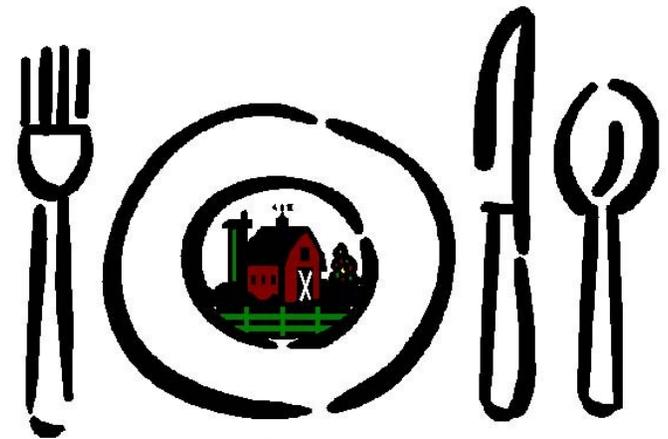
**How we can become healthier**

*Drawings & Prizes*

# All About Food: From FARM to FORK

A one day conference for people who grow, produce, process, market, distribute, prepare or EAT food (this means you).

- ◆ \$15 if you pre-register by January 31, 2012
- ◆ \$20 at the door



**SCHEDULE OF EVENTS**

8:30 am Coffee and Displays

9:00 am Welcome and Opening Remarks:

Macomb County Executive Mark Hackel

9:30 am Morning Keynote Address:

Dr. Mike Hamm, C.S. Mott Professor of Sustainable Agriculture

**20 Sessions** held from 10:30 am to 3:45 pm

for more information call (586) 469-6088

Or email Kathe Hale at

halek@anr.msu.edu

**SESSION SCHEDULE**—you will be able to choose one session during each time slot.

**10:30 a.m. Session #1, choose one**

A-Food Access through Bridge Card, SNAP Benefits – Amanda Segar

B-School and Community Gardens – Jean Persely, and Sandy Paratore

C-Michigan Food to Michigan Schools—A Distribution Model—Carl Merkle & Joe Najor

D-Health Care Without Harm – Hilary Bisnett

E-What do I do with kohlrabi and radishes? Food demonstration.

**11:30 a.m. LUNCH** – Sample Michigan’s Harvest with soups, salad, bread, Safies sides and Achatz Pies for dessert

**12:15 p.m. Afternoon Keynote Address: What does Food Access Look Like in Macomb County? Macomb Food Systems Council**

**12:45 p.m. Session #2, choose one**

A-Feeding the Hungry – Food Banks and Food Pantries Sue Figurski and Anne Ginn

B-Community Garden Projects—Aaron Martin

C-Farm to School and Institutions—Colleen Matts

D-Detroit Eastern Market—A Healthy Food Hub—Dan Carmody

E-What do I do with kale and swiss chard? Food demonstration.

**1:45 p.m. Session #3, choose one**

A-School Food/Feeding Programs—United Way of Southeast Michigan

B-Basic Backyard Gardening—Mary Gerstenberger

C-Community and Economic Benefits of Local Food Systems—Amanda Edmonds

D-What is Community Supported Agriculture? And how do I find one? - Jackie Good

E-What do I do with rutabagas and parsnips? Food demonstration.

**2:45 p.m. Session #4, choose one**

A-The Good Food Charter—Kathryn Collasanti

B-Food Waste and Composting—Kirsten Lyons

C-Cottage Food Law and Incubator Kitchens—Cindy Paparelli

D-Food Safety from Farm to Table—Christine Venema

E-What do I do with winter squash? Food demonstration.

**3:45 p.m. Closing** Evaluation will be sent via email

